



Your **Cycling** Connection

StreetWise Cycling:

A customized pre-course for *Bicycling by Design* (April 7-8) participants only

April 6, 2014 | 1pm -5:30pm

Course Fee: \$75

Max. Capacity: 12 participants | Early registration recommended

[Register Now](#) | Deadline for registration: Friday, April 4 @ 5pm

This hands-on course is designed to provide participants with the knowledge and skills to cycle confidently and comfortably in the City, through various bicycle route types. Developed based on the national standard of cycling education, it includes both an in-class and an on-road portion, and offers practical knowledge of cycling skills and facilities to both new and experienced cyclists.

The classroom portion (1.5hrs) will address the following themes and topics:

- Cycling gear
- Lighting and visibility
- Traffic principles and cycling safety scenarios
- Lane positioning, turning and signaling
- Cycling skills and how to maneuver your bicycle effectively
- Communicating with other road users
- Taking bicycles on transit
- Route planning
- Cycling in all weather conditions

The on-road portion (3hrs) will provide participants with an experiential opportunity to exercise knowledge gained in the classroom. It will include parking lot practices and an extensive road ride through major cycling facilities in Downtown Vancouver.

HUB instructors are nationally certified bike safety instructors, with years of experience teaching bike safety, both on and off road. They are well versed in cycling infrastructure, facilities as well as bicycle maintenance. We maintain a strict 1:6 instructor-to-participant ratio to ensure participants stay safe on the road.

Regional and municipal bike maps as well as other resources will be provided to all participants in the course.

**Please bring your own bicycle to the course for the on-road portion.*